

DU SON AU MOT

In partnership with the company Territoires de la Voix
and the TnBA-National Theatre of Bordeaux Aquitaine.

WORKSHOPS
2026

**AUGUST 24-28, 2026 : 5 DAYS – 31 HOURS
AT THE NATIONAL THEATRE OF BORDEAUX-AQUITAINE (33)**

By Christine Bertocchi, Valérie Philippin and Claudia Solal

Driven by a common passion for teaching, vocal improvisation, and musical adventures off the beaten tracks, Christine Bertocchi, Valérie Philippin and Claudia Solal will share, during this workshop, their specific approaches focusing on the genesis of words, the development of language, and the exploration of extended vocal techniques with or without textual support. From imaginary language to the creation of sung forms, from sound poetry to improvised lyrics, from work on vocal textures to instant composition, it is a vast playground that everyone will enrich through improvised proposals or exploratory strolls across existing repertoires. Collective listening, relationship to the body and space, rhythmic awareness, as well as the imagination of each participant will be put forward through various exercises, to be practiced with the whole group or in smaller sub-groups.



SCHEDULE

**MONDAY, 24 AUGUST 2026
2PM-6PM**

**TUESDAY, 25 AUGUST 2026
WEDNESDAY, 26 AUGUST 2026
THRUSDAY, 27 AUGUST 2026**

**9:30AM-12:30PM
14h-18h**

**FRIDAY, 28 AUGUST 2026
10:30AM-12:30PM
2PM-6PM**

PEDAGOGICAL CONTENT :

- Conduct varied warm-ups for physical and vocal readiness.
- Know how to explore registers, colors, and vocal intentions, beyond style characteristics.
- Know how to play with vocal agility and oral transmission.
- Working on speech phrasing, exploration of the daily language musicality.
- Explore the musicality of everyday language.
- Know how to transition between spoken and sung voice.
- Listen to and imitate world/contemporary voices.
- Propose intuitive harmonic and melodic paths from tonality to atonality.
- Working from notions of alternation, repetition and memory
- Active-reactive-creative listening: intention and interaction
- Imaginary languages inventions.
- Improvise with words.
- Approach vocal interpretations of textual, poetic, or narrative works.
- Improvise and/or collectively construct of musical sequences from textual supports.
- Finding out about pre-existing repertoires involving language in all its dimensions.

ACCESS TO THE TRAINING:

Limited to 20 places. Applications are reviewed by order of arrival after receiving your CV and cover letter, and subject to availability. Validation by the teaching team will allow you to proceed with your registration.

FEES:

This training can be covered by your OPCO (AFDAS, UNIFORMATION, FONGECIF,...) or your employer (City or Conservatory) as part of your continuing education rights. A few spots are available for individual funding. Please feel free to contact us for a quote:

Contact : Pablo VIETTE, accueil@uninstantlautre.com
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LOCATION:

The National Theatre of Bordeaux Aquitaine, 3 Place Pierre Renaudel, Bordeaux.

The training location is accessible to people with reduced mobility.

PREREQUISITES:

Singers who have already experienced non-idiomatic improvisation, actors with prior experience in sung voice, musicians-instructors with a strong vocal practice, choir directors with prior experience in vocal improvisation.

METHODS USED:

We will take time to conduct daily work assessments to identify improvement, expectations, and the needs of each participant.

EVALUATION METHODS:

A self-assessment will be completed by each trainee at the end of the training. This will give participants the opportunity to reflect on the development of acquired skills and identify those to be developed.



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TRAINERS RESUMES

CHRISTINE BERTOCCHI

Performer, singer, mover & artistic director, she worked as an interpreter of contemporary theatre projects under the direction of many renowned directors. Engaged in multidisciplinary creation within various Parisian collectives, she develops a unique body of work, including concert-lectures and musical improvisation performances. In 2005, she founded the company D'un Instant à l'autre, based in Burgundy, which she now co-directs with Guillaume Ortí and Didier Petit. Within this company, she has created her own works such as *En aparté*, *Multivox*, *Engrenages* and *Bon voyage*, and has also participated in other collective projects, such as *D.U.O*, *À la croisée des voies*, *TWINNING*, and *Chemins sonnantes*.

Christine is also regularly invited to sing alongside contemporary composers and writers Isabelle Pinçon, Ghislain Mugneret, Sébastien Gaxie, Fabrice Villard, Pascal Charrier and Jean-Pierre Jullian, since the early 2000s.

In March 2025, her solo project, *Imbrications*, will be premiered at the Art Danse festival, in co-production with Le Dancing CDCN and *ici l'onde* CNCM.

A Feldenkrais® practitioner since 2000, certified in Voice Anatomy since 2006 and a trainer in vocal technique and improvisation, she teaches courses for professional artists in music and performing arts, and offers specialized training sessions (CFMI, CNFPT, Pôles sup, Afdas courses, Université Paris 8 - Département Danse, Université Paris-Cité, ESM Dijon, etc.).

A pedagogical DVD was created in 2009 for the *Voie Ouverte* project and was published by SCEREN-Canopé, featuring an improvisation choir and a vocal quartet.

In 2024, she completed a Master's degree in Musicology with a specialization in Dance at the University of Paris 8, writing a thesis entitled: "*Cheminier en compagnie de Meredith Monk, en empruntant des parcours mêlant gestes et voix, à travers composition et pédagogie*," with high honors.

Head of the *Groupe de travail Transmission* since 2020, she has been an active member of the Board of Directors of *Futurs Composés*, a national network for musical creation. Since December 2024, she has been serving as the vice-president of this network.



VALÉRIE PHILIPPIN

Valérie Philippin is lyrical artist, author and composer, improviser, stage director and pedagogue. As an interpreter, she performed various repertoires and created numerous concerts and musical-theater works since the 90s. She has been involved in the Ensemble Intercontemporain, Ircam and major French and international ensembles, and has sung under the direction of conductors Pierre-André Valade, Baldur Brönnimann, Susanna Mälkki, Peter Rundel, Jean Deroyer, Philippe Nahon, Guillaume Bourgogne, Jean-Michaël Lavoie.

Her CD-DVD « *A portée de voix* » with the Kiosk ensemble on Georges Aperghis's vocal music was praised in 2011 by Charles Cros' Grand Prix de l'Académie.

In 2019, she founded in Bordeaux the company *Territoires de la Voix* as well as the lyrical trio *DéCLIC* based in Paris.

Her own compositions for voice have been honored by the Beaumarchais Foundation, the Alexandrie Modern Art Biennale's golden medal, the Coupleux-Lassalle's prize. In 2021, she obtained a fellowship from la SACEM to create her own vocal composition « *Kit-Musique* » with the trio *DéCLIC* and 60 students of the Bordeaux conservatory of music. In 2025, she was commissioned by the Spirito Professional Choir in Lyon to compose a piece for 16 solo singers, named *Stella Matutina*. She published with Symétrie « *La voix soliste contemporaine, repères, technique et répertoire* » (2017), « *Le corps chantant, anatomie et technique vocale* » (2018), the pedagogical poster « *Compositrices et compositeurs dans l'histoire de la Musique de tradition écrite occidentale* » which offers a new gaze on women's place in music history (2022) and « *Kit-musique* », open scores for voices (2024).

Supported by an in-depth study of vocal « *lutherie* », her teaching with professionals and non-professionals singers, voice teachers, actors and composers aims at developing creativity and musical imagination by combining contemporary repertoire with diverse vocal styles explorations, free improvisation as well as individual and collective composition inspired of dance and theatre techniques.

She offers master classes in France and abroad (ENO - Réseau Européen des Académies d'Opéra, Académie du festival Manifeste of Ircam, Conservatoire National Supérieur de Musique de Paris, international academy of ARCO, theater schools of TNB – théâtre national de Bretagne in Rennes and TNBA – théâtre national Bordeaux Aquitaine).



CLAUDIA SOLAL

Claudia Solal is an untamed and adventurous musician. As a singer, songwriter, she has been performing for over 20 years in France and abroad, on the most prestigious venues and festivals. Her singular collaborations, her numerous artistic experiences played a large part in building a unique and captivating vocal language, at the crossroads of written material and improvised songs. Off shore songs, as she likes to call them.

After her highly acclaimed first recordings *My own Foolosophy* (with Baptiste Trotignon, 1998), *Porridge Days* (with Benjamin Moussay, 2005 – Charles Cros Academy's *Coup de cœur*), and *Room Service* (with quartet Spoonbox, 2010 – *fffff Télérama*), comes *Butter in my Brain*, with Benjamin Moussay. Quoted as a masterpiece in *Le Monde* newspaper, the album receives a resounding welcome (2017 - *fffff Télérama*, 4 stars *Jazzmagazine*, nomination at the *Victoires du Jazz* 2018). *Punk Moon* (release date spring 2025) is an album of lunar pop songs that spotlights modular synth. In 2020, *Hopetown* (RogueArt - CHOC *Jazzmagazine* / *fffff Télérama*) marks the continuity of her collaboration with Benoît Delbecq which has begun in Chicago in 2015 with Katie Young, Tomeka Reid or Lou Mallozzi. A new duet album is in preparation.

The new trio *Cérémonie de thé*, with Hasse Poulsen and Simon Drappier gives its first concerts in 2024. All written in french, it is an ode to nature, between romanticism and post-modernism!

She also currently performs in a trio with Didier Petit and Philippe Foch (*Les Ferrailleurs du ciel* / Charles Cros Academy's *Grand Prix* 2017, tours in Mexico, China, Korea, Baltic countries, Finland...), with Françoise Toullec (5tet *La Banquise*), Christophe Rocher (Ensemble *Nautilus*), in a trio with Jean-Charles Richard and Marc Copland.

Much in demand as a soloist and a sidewoman, Claudia has been heard in Yves Rousseau's tribute to Léo Ferré in tandem with singer Jeanne Added, with pianist Jean-Marie Machado (5tet and orchestra), with clarinetist Jean-Marc Foltz and violinist Régis Huby, with her father Martial Solal (duo and *Newdecaband*), with Médéric Collignon, with contemporary singer Valérie Philippin, with Sylvain Kassap, or in *Le Vent Nocturne* by Diego Imbert (poems by Apollinaire) for strings and woodwinds, to name but a few.

She has also been involved in teaching since 1998 (workshops, master classes), and has run the jazz singing and improvisation class at Strasbourg's Conservatory CRR from 2005 to 2023, as well as at the HEAR. She now teaches at PSPBB in Paris. She also composes for TV and theater, and lends her voice for radio and movies.

TECHNICAL AND PEDAGOGICAL METHODS:

In-person training.

Support Material:

- Three dance studios for the three work-groups
- Bibliographic resources will be at the disposal of participants

Evaluation Methods:

- Attendance sheets to be signed at the end of each day
- Self-assessment form
- Certificate of completion issued at the end of the training
- Questionnaire/feedback form to be filled out by participants at the end of the workshop





PROGRAM

MONDAY, AUGUST 24, 2026 : 2PM-6PM

2PM : Presentation of the workshop by the 3 trainers, followed by the introduction of the participants

3PM : Physical and vocal warm-up, by Christine Bertocchi

3:45PM : Break

4PM : Workshop on collective improvisation, by Claudia Solal

4:45PM : Workshop on the musicality of imaginary speech, by Valérie Philippin

5:30PM : End-of-day evaluation

6PM : End

TUESDAY, AUGUST 25, 2026 : 9:30AM-12:30PM & 2PM-6PM

9:30AM : Collective physical and vocal warm-up, by Valérie Philippin

11:10AM : Break

11:25AM : Workshop, by Valérie Philippin

12:30PM : Lunch break

2PM : Sub-group workshops: Group 1 with Claudia Solal – Group 2 with Christine Bertocchi

3:30PM : Break

3:50PM : Group 1 with Christine Bertocchi – Group 2 with Claudia Solal

5:20PM : Collective practice and end-of-day evaluation

6PM : End

WEDNESDAY, AUGUST 26, 2026 : 9:30AM-12:30PM & 2PM-6PM

9:30AM : Physical and vocal warm-up, by Claudia Solal

11:10AM : Break

11:25AM : Workshop by Claudia Solal

12:30PM : Lunch break

2PM : Sub-groups workshops: Group 1 with Christine Bertocchi – Group 2 with Valérie Philippin

3:30PM : Break

3:50PM : Group 1 with Valérie Philippin – Group 2 with Christine Bertocchi

5:20PM : Collective practice and end-of-day evaluation

6PM : End

THURSDAY, AUGUST 27 2026 : 9:30AM-12:30PM & 2PM-6PM

9:30AM : Collective physical and vocal warm-up, by Christine Bertocchi

11:10AM : Break

11:45AM : Workshop by Christine Bertocchi

12:30PM : Lunch break

2PM : Sub-groups workshops: Group 1 with Valérie Philippin – Group 2 with Claudia Solal

3:30PM : Break

3:50PM : Group 1 with Claudia Solal – Group 2 with Valérie Philippin

17:20PM : Collective practice and end-of-day evaluation

6PM : End

VENDREDI, 28 AOÛT 2026 : 9H30-12H30 ET 14H-18H

9:30AM : Thorough collective physical and vocal warm-up, led alternately by the 3 trainers

11:10AM : Break

11:45AM : Collective inventory of exercises, note-taking, and selection for the public presentation

2PM : Public practice of the chosen exercises

3:30PM : Oral feedback of the workshop and Q&A

4:30PM : Self-assessment and written feedback

5PM : Collective Practice

6PM : End

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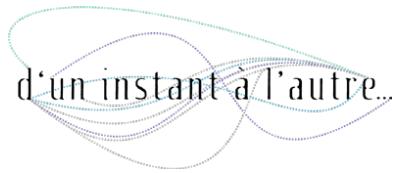
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La certification qualité a été délivrée au titre de la ou des

The quality certification has been awarded under the following action category: TRAINING ACTIONS



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